



# LEAVE A LEGACY FOR THE FUTURE

**Help make loneliness a thing of the past**

| A guide to leaving a gift in your Will

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## OUR COMMITMENT TO YOU

Feros Care was founded on the generosity of the public, more than three decades ago, with funds raised by our compassionate namesake, George Feros. You can read our story on the next page.

It is such generosity from community that means that we can go the extra mile, to do things differently and to change lives, one by one. From a single hostel built in George's name to support locals as they aged, Feros Care now supports thousands of people every year across five states. The impact that has been generated from George's kindness is an astonishing example of what one person's legacy can achieve. It's truly inspiring.

We are committed to creating a lasting impact for the lives of thousands of others through your donation, just as George's did. Put simply, we can help others live a happier, healthier, better-connected life, because of you.

It is the promise of the Feros Care Board to you to make sure your legacy lives on, through our work.

Thank you so much for considering joining your story with ours.

With deep gratitude,

Feros Care team

# SHARE OUR VISION OF A WORLD WITHOUT LONELINESS

Imagine if, because of you, we could change the life of someone who was alone and suffering, to one filled with friendship, connection and happiness. That's the difference your legacy will make.

## We all want to leave the world a better place

By leaving a gift to Feros Care in your Will, you'll be doing just that – helping vulnerable people to live healthy and connected lives.

To see the power of a legacy gift, we only have to look at our namesake, George Feros. George was not a wealthy man. In fact, he was poor, but he was passionate about helping the elderly live a supported and

connected life and it drove him to raise just enough money to establish a small nursing home in Byron Bay. They called it Feros Care. George couldn't have known that more than 65,000 people every year will receive support, care and friendship in his name.

## That's the remarkable thing about legacies

Like George, you don't have to be wealthy to make a big difference. A modest legacy can change more lives than you imagine and even a small gift from your estate could transform the world for many others, for years to come.



See what inspired George and his mighty team – and how this legacy continues to influence us today and every day. Scan the QR code here.



1 IN 4 AUSTRALIAN ADULTS ARE LONELY

## BRINGING AN END TO LONELINESS

### Your legacy

We don't think anyone should be lonely and are working tirelessly to end this sadness for thousands of Australians suffering alone.

Our impactful, 21st century programs create opportunities for people to re-connect with their community, giving them the tools and resources they need to enjoy meaningful friendships and be valued by others.

### There's still so much work to be done

You can help protect even more people from unbearable isolation. That's exactly the difference a donation from your estate would make.

You may like to leave a legacy gift because you, or someone you love has received support or care from Feros Care and you'd like to help us carry on our work. Like us, you might feel passionately about ending the chronic loneliness affecting more than 1 in 4 Australians, every day. Maybe you have been affected personally by loneliness and want to see a more caring, compassionate and connected world for the future.

Either way, please consider a gift to Feros Care in your Will. You'll be helping others out of devastating isolation and with your gift we'll be tackling loneliness, together.

### What a powerful legacy to leave

## REDUCING THE DEVASTATION OF LONELINESS

### Did you know people can die from loneliness?

Research shows that loneliness is closely linked to chronic disease, anxiety, depression and even early death. Its health impacts are considered to be worse than smoking 15 cigarettes a day.





## WHAT YOUR LEGACY WILL MEAN

**We believe no one should face loneliness alone. Your gift means that they won't have to.**

Using a donation from your estate, we can give more lonely and isolated people the joy of companionship and connection.

A gift from your life can turn someone else's life from devastating loneliness to one that is happier, healthier and better-connected.

## YOUR LEGACY AT WORK

### 1 MORE PLACES IN OUR LIFE CHANGING PROGRAMS.

#### Virtual Social Centre (VSC)

Feros Care's first-of-its-kind interactive virtual community where people who are lonely or isolated are brought together over shared interests to regain social confidence, create lasting friendships and feel connected.

Our Virtual Social Centre is transforming lives.



“  
More than anything the VSC made me feel wanted, a valuable member of society instead of feeling useless and that there was nothing left for me.  
ANN, 74

“  
On the VSC I feel 'special'. I feel important. I don't often see other people, on the VSC I get to speak with people who know my name. It really matters to me that people say my name, they say 'hello Pat, how are you today?' I feel cared about.  
PAT, 76



# YOUR LEGACY AT WORK

## In Great Company

Matches lonely seniors, who may have no family or friends, with a volunteer companion so they have someone to talk to, to look forward to seeing and to share community activities with.



### FROM LONELINESS TO TRUE FRIENDSHIP

John, a returned serviceman, was 90 and living alone. Tragically, several strokes had severely limited John's mobility, making simple tasks like meal preparation very difficult and isolating John in his home, without much needed company and connections. In a devastating revelation, we learned John had spent the last 30 Christmases alone. With the closure of his local service provider, he faced the prospect of no food that Christmas.

The In Great Company team found the perfect volunteer companion for John in Michelle, who visits him at home each week bringing groceries and smiles. John now has someone to make meals with, swap stories with and even make short trips with; a cuppa at a café or grabbing some groceries.

Michelle and John have forged a real friendship, such an important feature of the In Great Company program – we know that genuine and meaningful connections are the only real way to end loneliness. Meanwhile, in his first Christmas on the program, John received several visits from our volunteers and a special seat at the Feros Wommin Bay Village Christmas Lunch.

Good people like John are the very reason In Great Company was established; to provide vital companionship, connections and support to seniors experiencing the ravages of loneliness. As John says, "it's a good thing that people devote their time to volunteer to help people – unfortunately I'm one of those people that need it. I'm a fighter but at the moment – I realise I can't".



### TECH SKILLS TO STAY CONNECTED

## Let's Get Technical

Is our unique program where, one by one, we help seniors who have been left behind to learn how to use technology to connect, participate and achieve their goals.

In this age, the ability to stay connected with each other and access important life services such as banking and medical care are increasingly dependent on technology. Without the skills to use technology, people are sadly left behind, disconnected and unable to participate in modern life. This can lead to exclusion, isolation and loneliness, most notably for the seniors in our community.

Through Let's Get Technical, every senior on the program has a personal coach, a friendly and patient expert in helping people with limited tech skills. Together, they set and achieve practical goals such as connect with friends and family, use social media, participate in online activities, do their banking or access their health records. Over ten, one to one sessions in their own homes, seniors grow confidence with the technology and can enjoy a social network and meaningful relationships.

The program transforms lives, from excluded to happy and better-connected.

I isolated due to a terminal illness, Lets Get Technical helped this lady in her final months.

“

A new lease on life and made me feel like my life doesn't revolve around the doctors anymore.

FAYE B. 80

“

Let's Get Technical has been a really big help. My Technical Support Officer's patience and knowledge is unbelievable!



Not many people have the patience to tell you twice. The second time it sticks, and you remember it.

ERICH, 88

This senior said:

“

I felt like a dinosaur and now I'm more than capable.

RAY A. 77

# YOUR LEGACY AT WORK

## 2 TACKLING LONELINESS WHERE IT LIVES.

### More community activities to tackle loneliness locally.

Thousands of lonely isolated seniors felt the love of friends and strangers through our community based campaigns such as; More The Merrier Christmas campaign and 1,000 Notes of Friendship letter writing campaign.

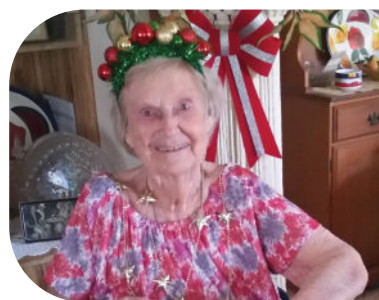


1,000 Notes of Friendship. Seniors receiving heartfelt well wishes through COVID-19.

“

I am so touched by the card of well wishes, I received from a little boy - it brought tears to my eyes. It was a lovely thing to receive in the mail and people have been so helpful and kind through this COVID time.

**JEANETTE, 80**



More The Merrier calling the community to make Christmas less lonely.

“

Our beautiful Gwenny (99yrs old) has Christmas on her own - has no family. So I decorated her home as well as decorated Gwen. Left a little tree if anyone wanted to leave a gift when providing Gwen's service.

That was my pledge to make Gwenny smile. She had a lovely time opening her Christmas presents.

**TANIA GARLAND - COMMUNITY SUPPORT WORKER**



## 3 ONGOING RESEARCH.

This means that we can implement programs that address loneliness in new ways, in areas where we can make the biggest impact. Our Loneliness Framework is based on some 300 studies on the causes and impacts of many forms of loneliness. This helps us make sure your support goes where it is needed the most.

## 4 ADVOCATE AND EDUCATE.

To tackle loneliness effectively, government organisations and communities need to work together to change policy, share ideas and pool resources. Your support will allow us to drive understanding of the problem; creating partnerships to expand our programs and end loneliness for more people.



# HOW TO LEAVE A GIFT IN YOUR WILL

**INCLUDING FEROS CARE IN YOUR WILL IS VERY SIMPLE.**

**Just follow these simple steps:**

## STEP 1

You may wish to discuss your decision to leave a gift in your Will with your loved ones and Executor first, to ensure they understand your decision.

## STEP 2

Decide the bequest you would like to give to Feros Care – there are several options you can choose from. Most people like to nominate a gift of a specific dollar amount (Pecuniary or Specific Sum). You can also consider a residuary gift, leaving the balance of your estate (the residue) after you have made provisions for your loved ones, or a percentage gift where you decide what proportion of your estate you'd like to leave.

## STEP 3

Once you have decided the type of gift you would like to make, it's time to record your instructions.

If you are doing this in writing, for example to your solicitor, commonly used wording in your Will or as a Codicil to your Will includes:

*I give to Feros Care ABN 50 104 452 271, to be applied for the purpose of supporting vulnerable members of our community and/or activities that tackle isolation and loneliness (OR a specific purpose to be stated)*

*a) the sum of (specified sum) OR*

*b) the residue of my estate OR*

*c) (specified percentage) of my estate/residuary estate*

*free of all duties and taxes and the receipt of the Chief Executive Officer or other authorised officer for the time being shall be a complete and sufficient discharge for the executor(s).*

If you already have, or are making an *online will*, simply add Feros Care in the section on gifts to charities, along with the amount you'd like to leave.



## A TRUSTED PARTNER FOR YOUR LEGACY

### Leave a gift in your Will to a charity you can trust.

When you leave a gift in your Will to us, you can be certain we will deliver your legacy of care, compassion and connection, for years to come.

Feros Care is a multi award winning national provider of people care across Australia. For more than 30 years the Australian Government has trusted us to care for and support more than 350,000 vulnerable Australians and their families.

In the process, we've built an unrivalled reputation, not just for caring for people but for helping people to live happier, healthier and better-connected lives. This means that you can trust us too.

It's an easy process – a simple instruction to your solicitor or through your online will. Head to our website [feroscare.com.au/giftinawill](https://feroscare.com.au/giftinawill) where you can request more information, find out more about our work, or ask one of our team to call you.

## ONCE YOU'VE REMEMBERED US IN YOUR WILL

If you feel comfortable telling us about your gift, we would love the chance to thank you for your kindness. You can choose to be publicly acknowledged through our legacy legends program, or you may prefer your gift to be private. Your wishes will always be respected.

To get in touch, you can email Melissa Simpson, Chief Experience Officer, at any stage, to learn more about how your legacy will live on through our work or answer any questions you might have.

Contact  
**Mel Simpson**  
Chief Experience Officer  
[melsimpson@feroscare.com.au](mailto:melsimpson@feroscare.com.au)

Visit our website at [feroscare.com.au/giftinawill](https://feroscare.com.au/giftinawill) where you can fill in the enquiry form if you'd like us to call you back.



### IMPROVING SOCIAL CONNECTION WITH MUSIC SESSIONS VIA OUR VIRTUAL SOCIAL CENTRE



**LET YOUR  
KINDNESS  
LIVE ON**



 **feros care**  
GROW BOLD